

CLAIMS

What Is Claimed Is:

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5 1. A garment assembly, comprising:
 a belt adapted to be attached approximately around a waist
 area of a wearer;
 a garment adapted to be worn by a wearer; and
 means for removably securing said belt to said garment.

10 2. The garment assembly of claim 1 wherein said belt
 having a first end and a second end; wherein in use the second
 end of said belt is secured to the first end of said belt;
 wherein said belt defining a belt diameter when said first end of
15 said belt is secured to said second end of said belt; wherein
 said belt including means for quickly adjusting the belt
 diameter.

20 3. The garment assembly of claim 1 wherein said belt
 further including means for maintaining a tight attachment of
 said belt around the waist area when the wearer.

25 4. The garment assembly of claim 1 wherein said garment is
 a buoyancy compensator.

5. The garment assembly of claim 1 wherein said garment is
 a backpack

30 6. The garment assembly of claim 1 wherein said garment is
 an inflatable personal flotation device.

7. A waist adjustment component for a belt, said belt
 having a center portion, said component comprising:

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a loop member defining a passageway, said loop member attached to a center portion of a belt;

a body member having a first side and a second side and a first end and a second end;

5 means for retaining said body member in a folded position, said means for retaining disposed on a first side of said first body member;

wherein the first end of said body member inserted through the passageway defined by said loop member and folded over said 10 loop member; wherein said body member is maintained in its folded over position by said means for retaining.

8. The waist adjustment component of claim 4 wherein said means for retaining is a hook and loop fastening member disposed 15 on said first side of said body member

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